

**Extended Field Trip – Student Health and Emergency Information  
Authorization for Medication Administration**

**Parent/ Guardian: Please complete and sign this form.** This is a required form in order for your student to participate in the extended field trip. If you have any questions, please contact your child’s teacher or the school administrator.

**STUDENT & CONTACT INFORMATION**

\_\_\_\_\_  
*Student name*                                      *Date of birth*                                      *Grade*

\_\_\_\_\_  
*Teacher /School*                                      *Field Trip*                                      *Trip Dates*

\_\_\_\_\_  
*Primary Contact (Legal Guardian)*                                      *Primary Phone*                                      *Relationship*

\_\_\_\_\_  
*Secondary Contact (Legal Guardian)*                                      *Primary Phone*                                      *Relationship*

Emergency Contacts If Parent/Legal Guardian Cannot Be Reached:

\_\_\_\_\_  
*Emergency Contact #1*                                      *Primary Phone*                                      *Relationship*

\_\_\_\_\_  
*Emergency Contact #2*                                      *Primary Phone*                                      *Relationship*

**HEALTH & MEDICAL INFORMATION**

<p><b>Allergies</b></p> <p>_____ Food</p> <p>_____ Medication</p> <p>_____ Bee, insect bites or stings</p> <p>_____ Poison oak</p> <p>_____ Grass/ pollen</p> <p>_____ Latex</p> <p>_____ Other, _____</p> <p>_____ None</p>	<p>Provide specific information about allergen, nature of allergic reaction, and treatment needed:</p>
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<p><b>Significant Medical Conditions</b></p> <p>_____ Asthma</p> <p>_____ Severe Allergies</p> <p>_____ Seizures</p> <p>_____ Diabetes</p> <p>_____ Bleeding Disorder</p> <p>_____ Other, _____</p> <p>_____ None</p>	<p>Provide specific information about medical condition or other health concern, including treatment that may be needed during field trip.</p>
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**Dietary Restrictions** – Provide list any dietary restrictions:

\_\_\_\_\_ None

**Activity Restrictions** – Provide list any activity restrictions:

\_\_\_\_\_ None

**Other Special Precautions and Pertinent Information/ Instructions** – Please identify any other precautions, health or safety concerns, or other pertinent information about your child, including any recent exposure to infectious disease (chicken pox, pink eye, strep throat etc...) in the last two weeks:

\_\_\_\_\_ None

By signing this form, I authorize the exchange of health information about my child, as necessary, between appropriate school personnel, the school nurse, an authorized 4J service provider (such as a third party outdoor school program provider), and/or my child’s health care provider in the interest of my child’s safety and well-being on the trip.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**MEDICATION ADMINISTRATION INFORMATION**

Parent/ Guardian: If your child will or may need essential or emergency medication while on an extended field trip, please complete page 3 (for each medication). Medication includes prescription and non-prescription (over-the-counter) medications. Students are not allowed to carry their own medication except as provided by district policy.

FDA approved over-the-counter and prescription medications must be provided by the student’s parent or legal guardian. Please deliver any medication in its original factory or pharmacy-labeled container in a plastic zip bag with the child’s name on the outside to school personnel before the trip. Do not mix medications. Each medication must be separately packaged in its original container. For student safety, ALL medications will be kept and their use supervised by trained 4J school staff or registered nurse of an approved 4J provider/ contractor.

Non-prescription sunscreen may be administered by school personnel without written authorization from parents. If you have an objection to the administration of sunscreen, please note it on this form.

Nonprescription medications, including vitamins, supplements or herbal remedies not approved by the FDA may only be dispensed to students if it is accompanied by a written order from the student’s prescriber that includes the name of the student, name of the medication, dosage, method of administration, frequency of administration, and a statement that the medication must be administered while the student is in school, any other special instructions, and the signature of the prescriber.

**RETURN FORM TO SCHOOL PERSONNEL**

Office: Copy to School Nurse and Teacher; Original to Student Health File

**AUTHORIZATION FOR MEDICATION ADMINISTRATION  
BY SCHOOL PERSONNEL**

Student's Name \_\_\_\_\_ Birthdate \_\_\_\_\_  
School Name \_\_\_\_\_ Grade \_\_\_\_\_

**I am giving school personnel permission to administer medications to my child per the following:  
Parent to complete separate form for each medication. If dosage, time or frequency for medication administration  
changes at any time in the future, parent must complete a new form.**

Medication: \_\_\_\_\_ Non Prescription (*sin receta*)  
*Medicina*  
Dose (how much): \_\_\_\_\_ Prescription (*receta*) Rx number \_\_\_\_\_  
*Dosis* Exp Date: \_\_\_\_\_  
Frequency (how often): \_\_\_\_\_ Please allow my child to self-administer this  
*Frecuencia* medication (refer to district medication policy)

Route: (circle one)  
**By: Mouth Ear Eye Nose Skin**  
*Boca oido ojo nariz piel*

Time: \_\_\_\_\_  
*Hora*

Duration: Start date \_\_\_\_\_ end date \_\_\_\_\_  
*Fechas para empezar y terminar*

Reason for Medication: \_\_\_\_\_  
*La razon para la medicina*

Special Instructions:

\_\_\_\_\_

Health care provider's name is: \_\_\_\_\_ and phone is \_\_\_\_\_.

I am the parent or legal guardian of the student listed above, and I give permission for 4J School Personnel to administer the medication listed above to my child. This authorization is valid only for the duration of the above-named field trip. For purposes of medication administration, the term "4J School Personnel" includes an authorized 4J service provider, such as a third party outdoor school program provider, designated by the principal to administer medication and trained as provided by district rule. I authorize 4J School Personnel to exchange information, as necessary, between appropriate school personnel, the school nurse, contracted third-party service provider and/or my child's health care provider in the interest of my child's safety and well-being on the trip. *I understand I am responsible to provide this medication in the **most current pharmacy container with accurate label or manufactured packaging** and maintain the supply as needed. I understand I am responsible to notify the school in writing of any changes.*

Print Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ADMINISTRATOR APPROVAL\***  
**(When necessary for self-administration of medication, see JHCD/JHCDA-AR - Medications)**

Administrator  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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