

Cheetah Chatter

November, 2017



César E. Chávez
Elementary School

César E. Chávez Elementary School • 541-790-5300
School office hours 7:30 am – 4:00 pm

http://www.chavez.4j.lane.edu/Chavez_Website/Home_Page.html
http://www.chavez.4j.lane.edu/Chavez_Website/Calendar%26_Events.html

Dear Families,

We want to take a moment and say thank you to all of our parent and/or caregiver volunteers that come in and help support their children's classrooms, participate in school events and go on field trips. We understand that not all parents are able to be in school during the day due to work or other commitments. There are many ways to be involved that doesn't take parents away from their day time commitments. When students see that their parents and/or caregivers take an active interest in their education it really encourages them to do their best.

Communication between parents and teachers and school office is super important. Some of our teachers communicate by e-mail, by texting, and some by class "dojo". Please let your child's teacher know what's the best way for them to communicate with you. Also, let them know ahead of time if you plan on visiting the classroom. **And remember**, if any of your contact information changes please make sure that the front office is aware.

Conferences are right around the corner. This is the time for you to visit with your child's teacher and find out how their "*Journey*" is going this school this year. Our theme this year..... **"Learning is their journey. Let them navigate. Push them to explore. Watch them discover. Encourage their questions. Allow them to struggle. Support their thinking. Let them fly."** We are committed to supporting your children through their journey. Our goal is to help develop happy minds and healthy souls. If you haven't done so already please make sure to schedule your conference with your child's teacher.

November events

- 1 Walk and roll to school spirit day
- 8 Parent - Teacher conferences until 7:30
- 9 No school - Parent - Teacher conferences from 7:30 am - 7:30 pm
- 10 No school - Veteran's Day is 11/11 on Saturday
- 11 Play in the Rain Day - Not a school event but a great free community event for families
- 3 - 9 Scholastic Book Fair - shop the book fair with your child during conferences on Wednesday and Thursday.
- 6 - 17 Food Drive for food pantry across the street from our school.
- 17 Food drive delivery - Classrooms will walk with their buddy classrooms and deliver food to the food pantry.
- 17 Picture re-take day
- 22 - 24 Thanksgiving Break
- 29 Parent Night 5:30 - 6:30
- 30 Kinder music performance - 6:30 - 7:30

Walk + Roll to School Spirit Day!

Our October 4th, *Walk + Roll to School Challenge* was a great success we've decided to start a Walk and Bike 1st Wednesday every month. **November 1st is Walk & Roll with School Spirit Day!** We encourage you to walk with your child, bike, skate, scoot, carpool or ride the bus to and from school and to wear a school t-shirt to show your Cheetah pride.

If you live a long way from school and don't have bus service, you could "Park and Stride" instead. This involves parking a 10 minute (or more) walk away from school and walking the rest of the way with your child.



SCHOOL GARDEN NEWS - Do you live in an area where you don't have room to garden but would love to do so? From digging in dirt to planting to harvesting? Our school garden is the place to do all this. Our teacher Ms. Kim is our school garden leader and has been working hard to get the garden in shape. This also includes communicating with community partners that volunteered man hours, have donated resources and/or \$\$ in order to buy supplies and rent equipment.



Please take a moment to visit our school garden! There is a lot of progress being made out there and we'd love to share it with you!

PARENT NIGHT

November 29th 5:30 – 7:00

Dinner, childcare and Spanish translation provided

How to Slow Down the Hamster Wheel of a Stressful Life!

Presented by Paul Bolle, a licensed marriage and family therapist intern



Many of us feel stressed daily, pressured by circumstances we don't expect to see change anytime soon. This talk focuses on what happens to families when stress starts to overwhelm parents, and what parents can do to feel more in control of their lives. In discussion, parents have the opportunity to voice how they both cope and struggle, and learn ways to ease tension and increase joy.

Please RSVP by calling the office at (541) 790-5300 to let us know if you plan on attending.

P.E. PIECES from Ms. Terri

October 30 2017

We are off to a great start in P.E. with students participating in exercises and activities that help them practice ways to move their bodies safely during their P.E. class. Please help your student remember to wear shoes that are safe and appropriate on the day their class has P.E. Shoes should cover their toes, stay securely on their feet and not have a high heel.

Here is the P.E. Schedule for the first semester:

Monday:

Ms. Kristin – 5th
Ms. Tammy/Jen – 3rd
Ms. Amanda – 5th
Ms. Kim – 4th
Ms. Lynn – K
Ms. Tracy – K
Ms. Heidi – 1st
Ms. Sue TV – 2nd

Tuesday:

Mr. C – 2nd
Ms. Lauri – 3rd
Ms. Myers – 4th
Mr. Swanson – 4th
Ms. Erica - K
Ms. Heather – 1st
Ms. Singleton – 1st
Ms. Danielle – 2nd

Wednesday:

Ms. Maggie – 5th
Ms. Emily – 3rd

If you have any questions or want to volunteer in a P.E. class, please do not hesitate to contact me.

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